

**TOWN OF SOMERS  
THE ADVISORY COMMITTEE TO THE ELDERLY  
MINUTES OF JULY 14, 2015 MEETING**

**CALL TO ORDER:** Meeting called to order by Chairman Deanna Schuetz at 1:33 P.M.

**MEMBERS PRESENT:** Pat Bachetti, Elaine Bemont, Dory Bynack, Eileen Fedorowich, Phyllis Gwilliam, Ailene Henry, Deanna Schuetz, Joan Sizer and Tim Welch.

**MEMBERS ABSENT:** None

**AUDIENCE:** None – It is hoped to have members of the Board of Selectmen at future meetings.

**APPROVAL OF MINUTES:** Approval of minutes from meeting of June 9, 2015 with motion by Joan Sizer and second by Phyllis Gwilliam.

The first item of business was to welcome Tim Welch to this committee. It is a pleasure to have Tim aboard.

A discussion arose as to what the proper name of this committee should be. Several suggestions were mulled over. With a motion by Joan Sizer and a second by Ailene Henry, it was suggested that this committee be known as the Advisory Committee for Seniors. Vote was unanimous. Deanna will present these results to the Board of Selectmen for their approval/disapproval.

Also discussed was where our meeting location should be. It was decided that the site change to the Town Hall conference room should become a permanent change with a motion by Joan Sizer and a second by Eileen Fedorowich.

Deanna discovered that previous documents showing the Powers and Duties of this committee were invalid. It was suggested that our members review these duties and be ready to discuss them at a future meeting.

It was also determined that the current Resource Guide is now irrelevant due to so many changes. It was thought that brochures outlining certain criteria should be prepared for the senior's review. If they feel it is necessary, they could call the municipal agent for an appointment to discuss a particular item further. Brochures should become available for Social Services, Senior Center activities and Transportation. These would all help our seniors to be better informed.

Chairman's Report : Deanna reported on the following:

- Senior Center staff has now been certified on CPR and AED for the safety of all who attend events at this building.
- Health/Wellness Classes will be starting in September. Zumba classes will also be held as a new instructor has been hired for this event. Other activities will be the result of personal requests and will be open to all seniors in town.
- CHOICES counseling pertaining to Medicare and insurance issues will be available. There is a representative from North Central Aging who will assist with this project and individual appointments can be made for personal discussions.
- Four Town Fair will take place in town in September and there is an interest in entering a float in the parade. This, however, will require someone to take charge of this event and many volunteers to help out. Theme should represent the 25<sup>th</sup> anniversary of the Senior Center. Phyllis Gwilliam and Ailene Henry seemed interested in taking on this duty. Parade date is Saturday, September 19<sup>th</sup>. More details to follow next month.

Meals on Wheels – Ailene suggested that Christina should ride with someone and go over the route and meet people who are receiving meals. Recent driving directions given out were incorrect and are being revised.

Senior Support – Pat Bachetti reported she is currently in contact with eighteen people via cards, etc. and things are going well.

Senior Club – Dory reported that there are 178 paid members and things are going well.

Publicity – Joan Sizer reported that there was an excellent response and good coverage of the 25<sup>th</sup> anniversary festivities. Items appeared in the Reminder and should be appearing in other newspapers shortly.

Woodcrest – Eileen will be meeting soon with Deanna to determine what she should bring to Woodcrest as a result of our meetings. There currently appears to be a coordination problem between the Senior Center and Woodcrest personnel.

Events – Following is a listing of events sponsored by the town of Somers:

7/17 Baseball & Apple Pie (“A League of their Own”)

7/31 Blood Drive

8/11 Lunch & Learn: Retirement/Making Money presented by Edward Jones

8/21 National Senior citizen’s Day Celebration

8/25 Lunch & Learn: Home Helpers

Upcoming Trips:

7/15 Kennebunkport, Maine (FULL)

- 7/21 Olds Mistick Village (FULL)
- 8/10 Thimble Islands (Second trip)
- 8/19 Newport, Rhode Island (FULL)
- 8/31 Gillette Castle
  
- 9/29 Turkey Train Winnepesaukee Railroad (FULL)
  
- 12/10 Glenn Miller Holiday at the Aqua Turf

OLD BUSINESS: Happy to report that the organ has found a new home. Phyllis was able to make some calls and succeeded in finding an interested party.

NEW BUSINESS: Joan Sizer mentioned she would like to see if there is interest in having ball room dancing at the senior center. Other senior centers do this and it seems to be quite a popular item. She also suggested a musician named Richie Mitnick as someone who would be good for this event. More details will follow on this.

**Next meeting of the Advisory Board will be on Tuesday, August 11, 2015 at 1:30.**

**ADJOURNMENT:** Meeting adjourned at 3:10. by motion of Joan Sizer with a second by Dory Bynack.

Respectfully Submitted,

Elaine L. Bemont, Secretary

**MINUTES NOT OFFICIAL UNTIL APPROVED AT SUBSEQUENT MEETING**