

**TOWN OF SOMERS
ADVISORY COMMITTEE FOR SENIORS
MINUTES OF OCTOBER 13, 2015 MEETING**

CALL TO ORDER: Meeting called to order by Chairman Deanna Schuetz at 1:29 P.M.

MEMBERS PRESENT: Pat Bachetti, Elaine Bemont, Dory Bynack, Eileen Fedorowich, Phyllis Gwilliam, Ailene Henry, Deanna Schuetz and Tim Welch.

MEMBERS ABSENT: Joan Sizer

AUDIENCE: None

APPROVAL OF MINUTES: Approval of minutes from meeting of September 8, 2015 with motion by Dory Bynack and second by Ailene Henry approved with the following corrections:

- Under **Chairman's Report – Four Town Fair** – final sentence should have read that a board member expressed concern about the selectmen riding on the senior center float.
- Under **Publicity** – Statement should have read that Joan has been taking photos of various events and submitting these to the local papers.
- Under **Woodcrest** – Last names should have been included for people that residents of Woodcrest can go to with their issues, namely Ellie Lally and Mary Lou Hastings. Final statement should have read a PaintSipFun event was well attended.

COMMITTEE REPORTS:

Chairman's Report – Deanna reported the following:

- Health & Welfare – Reiki is not going over well. We may have to move the day.
- Chair Aerobics is growing and people seem to really enjoy this. Qigong has 4-6 people attending and Zumba Gold has a lot of interest and people can do only what they feel able to do.
- Newsletter – Expense of sending out the newsletter has become a problem. Woodcrest residents used to get theirs inserted in the Woodcrest newsletter and mailing to Woodcrest will now stop. Newsletter can be picked up at the Senior Center or sent to them via email. Newsletter will soon stop being sent to people out of town. They, too, could receive it by email if so desired. Notice will be sent to these people prior to newsletter being shut off. Cost of printing the newsletter is 28 cents for each copy plus 26 cents for mailing. Motion made by Elaine Bemont with a second by Dory Bynack which states that a letter will be generated to current out-of-town recipients informing them that we are no longer going to mail them the newsletter and offering them other options for receipt of the newsletter if they still wish to receive one.

Meals on Wheels – Deanna mentioned that there are currently 11 people receiving meals and there are currently two routes. A new driver was upset that we do not do background checks on our drivers. This is a problem that is currently being looked into. The police department would need to get involved in this. Also received was a complaint that a diabetic felt that he was not getting a proper meal for his medical condition. It is hoped to get a dietician involved to go over the current menu. Tim Welch said he rode with a new driver and helped show him how things are handled.

Senior Support – Pat Bachetti reported she is currently in contact with sixteen people via cards, etc. and things are going well. She hopes to meet the people she corresponds with during the upcoming holiday season.

Senior Club – Dory reported that there are 182 paid members and things are going well. They had a meeting this morning to plan their menu and events for the rest of the year. There will be no lunch on November 11 due to the Veteran's Day.

Publicity – Joan Sizer was absent but it was noted that several good photos prepared by Joan have appeared in the local papers regarding senior center activities. Dory Bynack has also been taking some nice photos of senior center events,

Woodcrest – Eileen reported that she passed on contact information to Fran Little that was received at the CHOICES/Medicare workshop recently held at the senior center. She would like to see this informative discussion held for the residents at Woodcrest. Ellie Lally has stepped down as one of the Resident Commissioners on the Housing Commission, leaving Mary Lou Hastings as the only Resident Commissioner. The Commission will be replacing Ellie with an undetermined individual from outside of the Woodcrest complex.

October Events – Following is a listing of remaining October events sponsored by the town of Somers:

- 10/16 Friday Matinee: The Dirty Dozen
- 10/19 Choose Your Cruise Lunch
- 10/21 Flu Clinic
- 10/30 Halloween Party

November Events

- 11/6 AARP Safe Driving
- 11/9 Veteran's Day Ice Cream Social and American Legion Presentation
- 11/13 October Kitchen Luncheon
- 11/16 Present in the Moment presentation by Parkway Pavilion
- 11/20 Friday matinee: The Judge
- 11/23 Cookies & Cocoa with the Salvation Army

Upcoming Trips (Motor coach):

- 11/20 Mohegan Sun

12/10 Glenn Miller Holiday at Aqua Turf
2016 2 Overnight Trips (VT and Long Island Rich & Famous Tour)
9/11 Memorial
Intrepid Museum
Harlem
Gloucester Day Cruise
Much more

Upcoming Trips (Senior Bus):

10/16 Pumpkintown USA (Sign-up begins 10/1)
10/22 Character, Cartoon & Comic Museum (Sign-up begins 10/1)
11/4 "A Wonderful Life" @ Goodspeed (FULL WITHOUT ADVERTISEMENT)
11/17 New Britain Museum of American Art
11/30 Gingerbread House Festival & Evergreen Walk
12/15 Jimmy Mazza Holiday Show
12/23 A Christmas Carol
TBD Holiday Light Fantasia and Governor's Mansion

Cruises in 2016

5/29 Bermuda
10/28 Autumn Repositioning

OLD BUSINESS: Awaiting news on new bus scheduled to be received in October.

NEW BUSINESS: Tim Welch questioned where we stood on obtaining a Steam Table.

COMMENTS: Phyllis Gwilliam asked if we had a place to donate used cell phones. She was going to check with the Enfield Center. If not, Deanna said she would find a place to donate the phones to.

Next meeting of the Advisory Board will be on Tuesday, November 10 2015 at 1:30.

ADJOURNMENT: Meeting adjourned at 2:50 by motion of Tim Welch with a second by Pat Bachetti.

Respectfully Submitted,

Elaine L. Bemont, Secretary

MINUTES NOT OFFICIAL UNTIL APPROVED AT SUBSEQUENT MEETING