

**TOWN OF SOMERS
ADVISORY COMMITTEE FOR SENIORS
MINUTES OF SEPTEMBER 8, 2015 MEETING**

CALL TO ORDER: Meeting called to order by Chairman Deanna Schuetz at 1:30 P.M.

MEMBERS PRESENT: Pat Bachetti, Elaine Bemont, Dory Bynack, Eileen Fedorowich, Phyllis Gwilliam, Ailene Henry, Deanna Schuetz and Tim Welch.

MEMBERS ABSENT: Joan Sizer

AUDIENCE: Lisa Pellegrini – Motion made by Elaine Bemont with a second by Phyllis Gwilliam to allow Lisa to speak if she so desired.

APPROVAL OF MINUTES: Approval of minutes from meeting of July 14, 2015 with motion by Dory Bynack and second by Ailene Henry.

This is our first meeting since July. In August, we were supposed to attend an FOI meeting in Hartford which was cancelled. It was determined this board needs a back-up to post cancellation notices in the event that Deanna is not here.

COMMITTEE REPORTS:

Chairman's Report – Deanna reported the following:

- This committee's name has been official changed to Advisory Committee for Seniors.
- Health & Wellness Programs have not been too popular so far. Yoga has been postponed for the time being because there was zero interest. Zumba Gold had 3 people interested. Tai Chi had 8 people interested. Reiki had 2 people interested. Discussion arose as to whether or not cost might be a factor in these classes. Perhaps we should offer a one-time free workshop for people to see if they are really interested or not. Eileen also mentioned that perhaps a punch card system of payment would be helpful.
- Four Town Fair is coming soon and the Float Committee is busy. Our town selectmen have been invited by the float committee to ride on the float. Board members were uncomfortable with this happening and were assured that this was not a political move.
- The congregate meal program has received its blessing from the Board of Selectmen. There are concerns regarding staffing, volunteers for setting up and serving, updating the kitchen, etc. Biggest problem is the purchase of a steam table and where this will be placed. Suggested donation for these meals is \$2.50.

Meals on Wheels – Ailene suggested that Christina and/or Deanna should ride with a driver and go over the route and meet people who are receiving meals. Recent driving

directions given out were incorrect and are being revised. October Kitchen is a new type of service similar to MOW coming to this area this month. They are out of Manchester. They will be providing a meal at the Senior Center for up to 40 people for us to become acquainted with them.

Senior Support – Pat Bachetti reported she is currently in contact with eighteen people via cards, etc. and things are going well. She hopes to meet the people she corresponds with during the upcoming holiday season.

Senior Club – Dory reported that there are 180 paid members and things are going well. They had a meeting this morning to plan their menu and events for the rest of the year.

Publicity – Joan Sizer was absent but it was noted that several good articles prepared by Joan have appeared in the local papers regarding senior center activities.

Woodcrest – Eileen reported that the Housing Commission had a meeting to discuss their snow removal problem. There are two apartments open in Phase 2. Fuel assistance applications will be taken shortly. There are two people residents can go to with their problems, namely Ellie and Mary Lou. High Grade Gas has an antiquated billing system and leaves residents unhappy with knowing where they stand. A recent Pain and Sip event was well attended.

September Events – Following is a listing of events sponsored by the town of Somers:

- 9/14 Stress reduction workshop
- 9/15 Medical equipment check-up
- 9/17 Blair Manor breakfast
- 9/18 Friday Matinee “The Bucket of List”
- 9/19 Four Town Fair Parade
- 9/21 Senior Center Month/Staff Birthday Celebration with entertainment
- 9/25 Medicare presentation by NCAAA CHOICES (Lunch & Learn)

October Events – Following is a listing of events sponsored by the town of Somers

- 10/1 Lifeline Screening
- 10/5 New England Gold Care Adult Day Center Lunch & Learn
- 10/13 Blair Manor Lunch
- 10/21 Flu Clinic
- 10/30 Halloween Party

Upcoming Trips (Motor coach):

- 9/18 Mohegan Sun (FULL) Next trip 11/20
- 9/29 Turkey Train Winnepesaukee Railroad (FULL)
- 12/10 Glenn Miller Holiday at the Aqua Turf

Upcoming Trips (Senior Bus):

- 9/23 Big E (FULL)
- 10/16 Pumpkintown USA (Sign-up begins 10/1)

10/22 Character, Cartoon & Comic Museum (Sign-up begins 10/1)
11/4 "A Wonderful Life" @ Goodspeed (FULL WITHOUT ADVERTISEMENT)

Cruises in 2016 (Choose your cruise event on 10/19)

5/29 Bermuda
10/28 Autumn Repositioning

OLD BUSINESS: Awaiting news on new bus scheduled to be received in October.

NEW BUSINESS: None at this time

Next meeting of the Advisory Board will be on Tuesday, October 13, 2015 at 1:30.

ADJOURNMENT: Meeting adjourned at 2:48 by motion of Tim Welch with a second by Pat Bachetti.

Respectfully Submitted,

Elaine L. Bemont, Secretary

MINUTES NOT OFFICIAL UNTIL APPROVED AT SUBSEQUENT MEETING