



**REGISTER & MARK YOUR CALENDARS**

**MAY 26, 2021**

**RAIN DATE MAY 27, 2021**

**Time 9am –1pm Cost FREE**

**Location \* Field Road Park \* 96 Field Rd Somers**

**Limit to 50 Participants Social Distancing & Masks Required**

**Registration Required by May 19, 2021**

**860-763-4379**

## **DAY OF EVENTS**

**LOCAL VENDOR FAIR**

**RAFFLE PRIZES & GIVEAWAYS**

**QIGONG DEMO**

**WITH RITCH RYAN**

**SEATED YOGA STRETCH**

**WITH SOMERS YOGA & WELLNESS**

**STRENGTH & STRETCH DEMO**

**WITH SUPERIOR FITNESS**

**ANYTIME FITNESS**

**BLOOD PRESSURE SCREENING**

**BALANCE SCREENING**

**INTRO TO PICKLE BALL**

**INTRO TO CORN HOLE**

**TECHNOLOGY SUPPORT**

**SPONSORED SNACKS & LUNCH**

## **VENDORS &**

## **SPONSORS**

**BAYPATH UNIVERSITY**

**HARBOR CHASE SOUTH WINDSOR**

**HOME HELPERS**

**SOMERS SENIOR CITIZENS CLUB**

**COMFORT KEEPERS**

**DISPATCH HEALTH**

**THE IVY**

**VISITING NURSE & HEALTH SERVICES OF CT**

**BROOKDALE SOUTH WINDSOR**

**STONEBROOK VILLAGE**

**OCTOBER KITCHEN**

**SHEAR MAGIC**

**SOMERS VILLAGE GIFTS**

**UNTIED HEALTHCARE**

**JACQUI CAMPBELL REGISTERED DIETICIAN**

**MARIO'S STONEBAKED RISTORANTE**

**AND MANY MORE ...**

**Remember we will be outdoors please use sunscreen, bug spray, dress comfortably**

**Please bring a sturdy lawn chair for seated fitness if required**