



Somers Senior Center



FEBRUARY 2018-MARCH 2018 NEWSLETTER

A Publication of the Town of Somers Human Services Department

Somers Senior Center

Monday thru Friday 8:00am-4:00pm

19 Battle St.

Somers, CT 06071

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www.somersct.gov



Somers Senior Center Staff

Christina Cenac.....	Human Services Assistant
Florence Hurley.....	Senior Center Coordinator
Pam McCormick.....	Senior Center Assistant
Deanna Schuetz.....	Human Services Director
Melinda Burnham.....	Dial-a-Ride Driver
Richard Day.....	Dial-a-Ride Driver
Donna LaVallee.....	Dial-a-Ride Driver
John Morrison.....	Dial-a-Ride Driver

SPECIAL EVENTS IN FEBRUARY/MARCH 2018

- 2/1 Healthy Breakfast
- 2/5 Home Helpers Luncheon/Senior Support Group
- 2/13 Advisory Committee for Seniors
- 2/15 Parkway Pavilion Breakfast
- 2/16 Friday Matinee: *Wonder*
- 3/1 Healthy Breakfast
- 3/5 Home Helpers Luncheon/Senior Support Group
- 3/8 Trip: *Steaming Tender Restaurant*
- 3/9 Friday Matinee: *Jackie*
- 3/12 Presentation: *Probate process*
- 3/13 Advisory Committee for Seniors
- 3/15 Healthy Breakfast
- 3/19 Parkway Pavilion Luncheon
- 3/20 Trip: *Mohegan Sun*
- 3/26 Presentation: *Stress Management*
- 3/27 Trip: *Carousel Museum*
- 3/29 Trip: *A Chorus Line at Westchester Broadway*

Sign up is required for all events

Please see the monthly calendars for all regularly scheduled activities and events.

A NOTE FROM OUR FIRST SELECTMAN

Dear Ladies and Gentlemen,

I suspect you feel like I do and are sick of the winter weather and are tired of the snow, the cold, the slush, and the gray/darkness of the season. The good news is that the days are now getting longer and the hope of Spring is around the corner. The reason I know this is because on February 2nd which is Groundhog Day that funny little rodent will see his shadow and know that winter is now half over. By the way, what actually is a groundhog and why do we put any stock in believing that this woodchuck/groundhog/rodent or whatever it is can actually be a meteorologist?

What I do know is the Vernal Equinox is right around the corner and it will signal the arrival of Springtime. Spring is my favorite time of the year because the promise of Spring's arrival is enough to get anyone through these last six weeks of winter. Fresh air and sunshine are hard to beat and they truly are the best medicine to awake us from our winter doldrums. Specifically Spring is the season of newness and hope so I truly wish all of you to embrace this wonderful season .

As the warming of the season dawns I'd like to thank everyone who contributed to the Season of Giving. You warmed my heart during these cold months by your generosity but more importantly to those less fortunate that benefited from your kindness. Your Christian spirit was evident and I sincerely appreciated your largess.

February brings Valentine's Day and I am reminded of the quotation, "You don't love someone because they're perfect, you love them in spite of the fact that they're not ." This quotation fits me perfectly and I tell my wife of 50 years of my gratitude for the love and support she has given me despite my many imperfections. If you know an " imperfect" person, spouse or friend express your love for them because when we love we always strive to become better than we are which in turn makes everything better around us.

President's Day is celebrated on the third Monday of February with February 19th being the date this year. It was initiated to celebrate the birthday of George Washington but has now evolved into an acknowledgement/celebration of all current and past presidents. We've had many ' imperfect' presidents but let's look past their imperfections and celebrate the Office of the President as well as the three day weekend forthcoming.

BUDGET UP-DATE

The current and future budget crisis has dramatically affected Somers and has preoccupied the bulk of my time as we attempt to navigate these continued budget shortfalls. This budget crisis and the continued holdbacks from the State have been a challenge to the point where we've run out of viable and less painful options.

My last note to you indicated that we were forced to absorb a \$500,000 cut in aid from the State. We have now been saddled with another \$600,000 cut which puts us in a \$1.1 million budget hole. We cannot absorb these additional cuts without severely impacting basic and needed town services. The Board of Finance has recently implemented a supplemental tax increase to address these cut/budget shortfalls.

The State is in a financial crisis despite two massive tax increases in 2011 and 2015. Despite these billion dollar tax increases, revenue for the State has stagnated and even in some cases, declined. The future does not look any better with the next bi-annual State budget showing deficits of \$1.9 billion, \$2.6 billion and \$3.1 billion in the three years starting in 2020. Somers and all towns in Connecticut are faced with ever increasing reductions in State aid leaving us to fend for ourselves.

Our legislators don't have a clue or understand that only economic growth will enable the State to provide the funds necessary to support the services that citizens want/demand. Not addressing structural reforms, cutting/eliminating unfunded mandates, addressing the unfunded pension liabilities, give backs from the 10 year deal with the unions, eliminating unproductive/bloated/duplicated State departments and continuing to increase taxes will only perpetuate this downward cycle.

"A challenge only becomes an obstacle when you bow to it."

We are addressing these challenges and I will keep you duly informed.

Warmly,
C.G. Bud Knorr, Jr.
First Selectman
Town of Somers

The Town of Somers Senior Center and activities offered through the Senior Center are open to all individuals ages 55+. Registration is FREE and all seniors are welcome! It is our goal to create a warm and welcoming environment where seniors can take part in social, educational and recreational activities. All activities within this newsletter take place at the Somers Senior Center, unless otherwise noted. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to residents who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member, or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer.

INCLEMENT WEATHER POLICY

The safety of our seniors is of utmost importance to us. Therefore, our Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, Senior Center activities including transportation will be delayed/canceled as well. Please tune in to WFSB Channel 3 or NBC30 and look for "Somers Senior Center" for up to date information on delays/closings.



The Somers Senior Center will be closed on February 12th for Lincoln's Birthday, February 19th for President's Day, and March 30th for Good Friday. Please plan accordingly!

The Probate Process

Monday, March 12th~1:00pm

Probate is the process of carrying out the administration of an estate. Even under the best circumstances, the Probate process can be long, costly, and confusing and begins at a time in a family's lives when they are dealing with a recent loss. Join us for a presentation by Attorney Bryan M. Etter of Wiley Etter, LLC to help familiarize yourself with the probate process. **Sign-up begins March 1st.**



Home Helpers provides a **complimentary lunch** at the Somers Senior Center on the first Monday of every month (date subject to change contingent upon holidays). Come join us for a delicious lunch and an opportunity to chat with friends and neighbors. Sign-up is required. February's luncheon will be held on **Monday, February 5th at 12pm**. The menu will be Ziti Bolognese, mixed vegetables, rolls, and cookies. March's luncheon will be held on **Monday, March 5th at 12pm** and the menu will include Chicken Cacciatore, rice, rolls, and brownies. The Somers Senior Center would like to extend our sincere appreciation to Home Helpers for offering this monthly luncheon to the seniors of Somers. We are extremely grateful to Home Helpers for helping to ensure the seniors of Somers are able to enjoy regular meals and socialization. **For Somers residents, sign-ups for Home Helpers luncheons begin on the 15th of the month prior to the event. Non-residents will have the opportunity to sign up 5 business days after resident sign-up begins.**



Stress Management 101

Monday, March 26th~1:00pm

What's the big deal with being stressed? Why should you worry about high levels of stress? What can you do to effectively manage your stress levels and improve your overall health? Join us as we answer these questions, and explore different stress management techniques with Erin Ballou, M.A. **Sign-up begins March 1st.**



FRIDAY MATINEES

Join us at the Somers Senior Center for a movie, popcorn, and refreshments!

WONDER February 16th~ 1:00pm

Based on the New York Times best seller, *Wonder* tells the incredibly inspiring and heart warming story of August Pullman, a boy with facial deformities who enters fifth grade, attending a mainstream elementary school for the first time.

Rated: PG Running time: 113 minutes



JACKIE March 9th~ 1:00pm

Following the assassination of President John F. Kennedy, First Lady Jacqueline Kennedy fights through grief and trauma to regain her faith, console her children, and define her husband's historic legacy. We have chosen to show this film in recognition of Women's History Month.

Rated: R Running time: 100 minutes



Somers Recreation Department is looking for your input! Somers Rec will be conducting a community interest survey to gather data which will be used to inform strategic short and long term planning for community-wide recreation in Somers. A representative from the Department will be at Somers Senior Center on Tuesday, March 6 and Friday, March 16 at 9:00AM to help assist with survey completion. We hope you will join us to share your thoughts and help improve the offerings in the town of Somers.



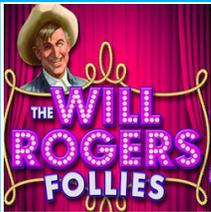
Trips & Travel



STEAMING TENDER RESTAURANT

Thursday March 8th
Bus departs at 11:00am

Let's do lunch! Palmer, Massachusetts is New England's top railroad enthusiast location, fondly known as the "Town of Seven Railroads." Set on the grounds of historic Frederick Law Olmsted Park, Steaming Tender Restaurant is situated inside of a 19th century Romanesque style train station. Rail enthusiasts come from all over to watch the trains go by and take photos of the station. The passing trains and the view of the many antiquities furnish the impressive atmosphere making anyone who walks the grounds feel like they've stepped into another time. Visitors are welcome to roam the grounds, watch the trains, and experience the onsite Heritage Museum. **Lunch is at your own expense. *Sign-up for Somers residents begins on February 15th.**



GOODSPEED & GELSTON HOUSE

Thursday June 21st
Bus departs at 10:00am

Shake hands with the heartwarming humorist who spun a rope, poked fun at headlines and never met a man he didn't like. The rags-to-riches story of America's beloved stage, screen and radio star bursts to life as a Ziegfeld Follies-style extravaganza. Family, fame and fate are center stage in Will's rise from obscurity to stardom. Along the way he's arm-in-arm with vivacious showgirls and a slew of cowboys. Curtain up on the Tony Award-winning Best Musical that captures the American spirit at its up-tempo best. You will enjoy lunch at the historic Gelston House prior to the performance! **\$80.00 per person due upon sign-up includes transportation, lunch, theater ticket, taxes and gratuity. Sign-up for Somers residents begins February 1st and early sign-up is strongly encouraged. The deadline to sign up for this trip is March 23rd.**

NEW ENGLAND CAROUSEL MUSEUM

Tuesday March 27th
Bus departs at 9:45am



Visiting the Carousel Museum is a window into an important time in our country's history. It provides a slice of Americana, and tells the story of hardworking Americans, many of them immigrants, whose entrepreneurial spirit founded shops and left a legacy that the Carousel Museum remembers and celebrates today. These treasures from the past teach us about the history of these people and their world as they moved, worked, and played. The carousel is art, science and technology in motion. Looking at each animal, chariot, or rounding board, viewers see a testament to the craftsmanship and talent of the carousel carvers. Beyond the sheer beauty of the carousel, how it works is every bit as important as its aesthetic appeal. The carousel utilizes a wealth of technology, which has evolved over time, to allow it to spin and enable the animals to move. During the Industrial Revolution carousel builders refined not only the carving of the animals but incorporated developing technology. Further, the band organ on antique carousels is a combination of art and technology in itself, providing music for those both on and nearby the ride to enjoy. We will enjoy a guided tour of the Carousel Museum followed by lunch at Parkside Café. **Cost for museum admission is \$5.50 per person due on the day of the trip (cash). Lunch will be at your own additional expense. Sign-up begins on March 1st for Somers residents.**

***Important note: Transportation for the 3/8/18 Steaming Tender Restaurant trip, the 3/27/18 Carousel Museum trip, and the 6/21/18 Goodspeed/Gelston House trip is provided by the Town of Somers Dial-a-Ride bus. Due to limited seating, priority must be given to Somers residents. Somers residents are eligible to register for these trips as of the date indicated on a first-come, first-served basis. Non-Somers residents aged 60+ will be placed on a waitlist. One week (7 days) prior to the trip or sign-up deadline (if one is indicated), non-residents on a wait list will be moved to the active trip list in the order in which they signed up IF seats are available. All trips on our Town of Somers Dial-a-Ride buses must have at least 10 passengers signed up by one week prior to the scheduled date of the trip or by the deadline indicated. If the 10 passenger minimum is not met, the trip will be canceled. Note: You must have a Dial-a-Ride registration form on file prior to utilizing the Dial-a-Ride bus.**



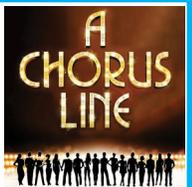
DAVID GWILLIAM MOHEGAN SUN CASINO TRIP

Tuesday March 20th– Bus departs at 8:30am

The David Gwilliam Mohegan Sun Trip includes: Round trip deluxe motor coach, two \$10 gambling vouchers, \$15 food voucher and driver's gratuity. **\$30 per person non-refundable payment due upon sign up. Open to all! This is a very popular trip and seats fill fast! Sign-up has begun and you are encouraged to sign-up early. Bus departs from the Somers Senior Center at 8:30am. Passengers are encouraged to park at the Kibbe Fuller Community Center if possible. The Senior Center doors do not open until 8:00am.**

WESTCHESTER BROADWAY- A CHORUS LINE

Thursday, March 29th



Westchester Dinner Theater, located in Elmsford, NY, is an elegant year round equity theater, featuring fine dining and full scale musical productions. Once seated at your reserved table, you'll select from an excellent menu and enjoy a delicious pre-show lunch. Share one day in the lives of seventeen dancers, all vying for a spot in the "Chorus Line" of a Broadway musical. Enjoy a matinee performance of this long running Broadway hit! **Sign-up has begun and is open to all. Cost is \$110 per person due upon sign-up and includes motor coach transportation, theater ticket, lunch, taxes and gratuity.**

Trips & Travel



CULINARY INSTITUTE OF AMERICA

Thursday, April 19th

The Culinary Institute of America (CIA) outgrew its original facility in New Haven, CT and relocated to Hyde Park, New York in 1972. The CIA is an American private, not-for profit college that specializes in culinary, baking, and pastry arts education. In 1946, it was founded as a vocational institute for veterans returning from World War II. The CIA has become the country's preeminent culinary arts school. Upon arrival, you will enjoy a three course meal at CIA's Caterina de Medici. The menu will include: Insalata Di Pomodoro (Tomato Salad with Mozzarella, Cucumber, Red Onion, Olives, and Basil), Petti Di Pollo Alla Salvia (Roasted Chicken Breast with Sage, Semolina Gnocchi, and Glazed Carrots), and Dessert. After lunch, you will receive a student guided tour and free time to explore the cafés and beautiful grounds of the Culinary Institute. This is truly an experience of a lifetime. **Sign-up has begun and is open to all. Cost is \$128 per person due upon sign-up and includes motor coach transportation, lunch, tour, taxes and gratuity.**

RETURN TO CAMELOT

Tuesday, July 10th

The legacy of JFK is synonymous with New England, especially in Newport. President Kennedy treasured the City by the Sea, including his wedding at St. Mary's Church and his "Summer White House years" at Hammersmith Farm. Journey back and experience the stories that led to the Camelot legacy. On a narrated driving tour of scenic Ocean Drive, see some of the Kennedy's favorite sites and landmarks. Enjoy lunch at the newly opened Atlantic Resort with views of Easton Pond where the menu will include salad, choice of baked stuffed scrod or chicken with a mustard cream sauce, vegetables, potato, and an ice cream sundae for dessert! Relive the couple's fairytale wedding at St. Mary's Church, where their actual wedding took place on September 12th, 1953. Through vintage photos & black & white film footage during a musical video presentation, you'll feel like a guest at what became America's version of a royal wedding. **Sign-up begins February 1st and is open to all. Cost is \$98 per person due upon sign-up and includes motor coach transportation, lunch, taxes, and gratuity.**



NYC LANDMARKS CRUISE

Tuesday, May 22nd

Board the Circle Line and enjoy a 1 1/2 hour narrated sightseeing cruise of the famous New York City landmarks and magnificent Manhattan views! Sights will include the Statue of Liberty, Empire State Building, Ellis Island and more! Prior to the cruise, enjoy a delicious lunch at Mont Blanc 52, a popular Austrian restaurant in NYC. The menu consists of your choice of Chicken Marsala, Filet of Salmon, or Cheese Ravioli. All entrées, except the pasta entrée, are served with a potato pancake and vegetable. Apple strudel for dessert! **Sign-up begins February 1st and is open to all. Cost is \$118 per person due upon sign-up and includes motor coach transportation, cruise, lunch, taxes, and gratuity.**

LOCKS & LUNCH CRUISE

Saturday, August 4th

The Captain J.P. II is by far the largest and most lavish cruise vessel in the Capital Region of upstate New York with 3 enclosed decks, buffet lunch, and entertainment. Enjoy a 3-hour cruise aboard the Captain JP to the locks north of Troy and watch as the captain skillfully maneuvers the boat into the locks, where it is then raised approximately 17 feet, and then lowered back down on the return trip. It is exciting, informative, and educational. Enjoy a complete hot/cold buffet with onboard entertainment as we sail along. Following our cruise we'll stroll Main Street in Stockbridge. **Sign-up begins February 1st and is open to all. Cost is \$95 per person due upon sign-up and includes motor coach transportation, cruise, lunch, taxes, and gratuity.**



WEBSTER LAKE INDIAN PRINCESS CRUISE

Tuesday, June 12th

The official name of Webster Lake is Lake Chargoggagoggmanchauggagoggchaubunagungamaugg! It's probably best if we stick with Webster Lake! Join us for a scenic 90 minute cruise aboard the 19th Century Mississippi Riverboat, the Indian Princess. We will enjoy lunch at the historic Point Breeze Restaurant founded in 1881. The menu will include salad, a choice of Baked Haddock or Champagne Chicken Breast, vegetable, potato, dessert and coffee. After the cruise, browse the produce and products at family owned Foppema's Farm. **Sign-up begins February 1st and is open to all. Cost is \$92 per person due upon sign-up and includes motor coach transportation, cruise, lunch, taxes, and gratuity.**

BOBBY RYDELL

Thursday, August 16th

Bobby Rydell's career spans six decades and encompasses every area of the entertainment world, earning him a reputation as a classic performer. A polished performer at a young age, he was the youngest to ever headline the Copacabana. Join us as we travel to the beautiful Aqua Turf and remember the good times with Bobby's hits "Wild One", "Volare", "We Got Love", "Kissin' Time", and "Forget Him", to name a few. Your delicious lunch will include garden salad, pasta, chicken parmesan, and baked salmon with dill sauce, vegetable, potato, rolls, dessert, and beverage. **Sign-up begins February 1st and is open to all. Cost is \$105 per person due upon sign-up and includes motor coach transportation, lunch, entertainment, taxes, and gratuity.**



Trips & Travel

SIGHT & SOUND THEATER- JESUS August 27th-29th

Depart for Lancaster, PA, the heart of the Amish Country for two nights at the Comfort Suites Lancaster. Enjoy a welcome “smorgasbord” dinner at the Bird-In-Hand Family Restaurant. Day 2 will feature the Landis Valley Village Museum, a mini Williamsburg dedicated to the preservation and demonstration of early German life. Enjoy a horse drawn wagon ride around the village, tour through the Victorian village grounds with a guide, enjoy a tasting of sticky buns, snitz, and cider in the 1856 Landis Valley House Hotel & Tavern. And then, the main event...Sight & Sound Theatres invites you to experience the greatest rescue story ever told in the brand new show “Jesus”. Vividly bringing to life the most miraculous events of all time, Jesus is an action-packed musical stage adventure that takes you on a journey alongside the most famous person to ever walk the earth, and the everyday people whose lives he changes forever. Dinner on day 2 is at the Hershey Farm Restaurant. Before heading home on day 3, we will visit Longwood Gardens, one of the world’s premier horticultural display gardens featuring 11,000 different types of plants including a lush world of exotic flowers, cacti, bromeliads, and bonsai in the conservatory. **Sign-up has begun and is open to all. Total cost is \$451 per person (double or triple occupancy) and includes motor coach transportation, 2 nights hotel, 2 breakfasts, 2 dinners, and all tours/admissions/tickets as per itinerary. \$150 deposit per person due upon sign-up.**



THE TURKEY TRAIN: WINNIPESAUKEE RAILROAD Wednesday, September 26th

Enjoy a nostalgic train ride along the shores of Lake Winnepesaukee in New Hampshire. It’s an amazing Fall Day Trip! You will have the famous Hart’s Turkey Farm Dinner on board the train, followed by a visit to Kellerhaus for delicious ice cream, homemade chocolates, gifts and collectibles plus a stop at the New Hampshire Liquor Shop! **Sign-up begins February 1st is open to all. Cost is \$103 per person due upon sign-up and includes motor coach transportation, lunch excursion, taxes and gratuity.**

TOAST TO THE ARMED FORCES & VETERANS Tuesday, November 13th

Join us for a very special day as we honor our armed forces and Veterans. We will travel to the Grand Oak Villa. Cheese/crackers/pepperoni will be served upon arrival followed by a family style meal of garden salad, pasta with homemade house sauce, roast turkey with gravy, yankee pot roast, roasted potato, vegetable, dessert, and beverage. Carafes of red and white wine will be available on each table. John Banker and his band will perform patriotic songs and medleys in tribute to the armed forces and our Veterans. **Sign up begins February 1st and is open to all. Cost is \$85 per person due upon sign-up and includes motor coach transportation, lunch, entertainment, taxes, and gratuity.**



2019 HAWAIIAN CRUISE

JANUARY 17-29, 2019



Dreaming of some place warm and tropical? Explore Hawaii like never before. Idyllic Islands, a strong Polynesian culture and customized, unique shore excursions await you. Come and find your own little piece of Paradise.

Includes

- Roundtrip Airport Transfer and Airfare
- 2 Pre-Cruise Nights in Waikiki Beach
- Baggage Handling
- 7 Shore Excursions (per itinerary)
- 7-Night Cruise on NCL's Pride of America
- All Meals & Nightly Entertainment Onboard Ship
- Pre-paid Onboard Gratuities
- Specialty Dining Package
- Port Charges & Taxes
- Tours of Distinction Tour Director
- Gratuities for Tour Director, Drivers & Local Guides

Featuring

- 2 Nights Pre-Cruise Hotel Honolulu
- Oahu Luau
- Pearl Harbor & USS Arizona Memorial
- Dole Plantation Tour
- Included Tours of Distinction Exclusive Shore Excursions
- Fully Escorted with Tours of Distinction Tour Director
- Kauai & Nā Pali Coast
- Prepaid Service Charges
- Dining Package
- All Gratuities

Inside Stateroom: \$4,659 pp double
 Balcony Stateroom: \$4,935-\$5149 pp double
 Oceanview Stateroom: \$4,809 pp double

\$200pp early booking bonus!
Book by May 31, 2018 and save!

Please call or visit the Somers Senior Center to obtain a full itinerary and more information on this adventure!

February

			1. THURSDAY	2. FRIDAY
			8:30am <i>Healthy Breakfast</i> 10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club	9:00-12:00 Art Group 9:15-9:45 Qigong 
5. MONDAY	6. TUESDAY	7. WEDNESDAY	8. THURSDAY	9. FRIDAY
10:00-11:00 Chair Aerobics 12:00pm Home Helpers Luncheon 1:15pm Senior Support Group	9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group	1:00-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group	8:30-3:30 Foot care <i>(Call 860-763-4379 for appt.)</i> 10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club	9:00-12:00 Art Group 9:15-9:45 Qigong
12. MONDAY	13. TUESDAY	14. WEDNESDAY	15. THURSDAY	16. FRIDAY
CLOSED	9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group 1:30pm Advisory Committee for Seniors	1:00-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group 	8:30-3:30 Foot care <i>(Call 860-763-4379 for appt.)</i> 8:30am Parkway Pavilion Breakfast 10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club	9:00-12:00 Art Group 9:15-9:45 Qigong 1:00 Friday Matinee: Wonder
19. MONDAY	20. TUESDAY	21. WEDNESDAY	22. THURSDAY	23. FRIDAY
CLOSED	9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group	12:30-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group	10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club	9:00-12:00 Art Group 9:15-9:45 Qigong
26. MONDAY	27 TUESDAY	28. WEDNESDAY		
10:00-11:00 Chair Aerobics	9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group	11:30-12:30 BP/BS 1:00-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group		



**Mobile Foodshare (behind Somers Congregational Church) March 7th & March 21st*

		1. THURSDAY		2. FRIDAY	
		8:30am Healthy Breakfast 10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club		9:00-12:00 Art Group 9:15-9:45 Qigong	
5. MONDAY		6. TUESDAY		7. WEDNESDAY	
10:00-11:00 Chair Aerobics 12:00 Home Helpers Luncheon 1:15 Senior Support Group		9:00-11:00 Knitting Group 9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group		1:00-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group	
12. MONDAY		13. TUESDAY		14. WEDNESDAY	
10:00-11:00 Chair Aerobics 1:00 Presentation: Probate Process		9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group 1:30pm Advisory Committee for Seniors		1:00-3:30 Dominoes *Please note the time change for the following: 2:00-3:30 Wii Bowling 2:00-3:00 Pitch Card Group	
19. MONDAY		20. TUESDAY		21. WEDNESDAY	
10:00-11:00 Chair Aerobics 12:00 Parkway Pavilion Luncheon		8:30 Mohegan Sun Trip 9:00-11:00 Knitting Group 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group		12:30-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group	
26. MONDAY		27. TUESDAY		28. WEDNESDAY	
10:00-11:00 Chair Aerobics 1:00 Presentation: Stress Management 101		9:00-11:00 Knitting Group 9:45 Trip to Carousel Museum 12:30 -3:30 Pinochle Group 1:00-3:00 Pitch Card Group		11:30-12:30 BP/BS 1:00-3:30 Dominoes 1:00-3:30 Wii Bowling 1:00-3:00 Pitch Card Group	
		29. THURSDAY		30. FRIDAY	
		7:15 Trip: Westchester Broadway~ A Chorus Line 10:00-11:00 Chair Aerobics 12:00-3:30 Bingo 6:30-9:30 Bridge Club		CLOSED	

Somers Senior Center
19 Battle Street
Somers, CT 06071

PRSTD STD
US POSTAGE
PAID
HARTFORD, CT
PERMIT #158



MEDICARE SAVINGS PROGRAM UPDATE

On January 8, 2018, the CT state legislature entered into special session to reverse the cuts to the Medicare Savings Program (MSP). Please be sure to carefully read any correspondence you may receive from the Department of Social Services. If you are on MSP, it is still important to educate yourself on the benefits the program provides to you and have a contingency plan in place should the income guidelines for the program change in the future. It is recommended that you make an appointment with a CHOICES counselor (Deanna Schuetz or Christina Cenac) at the Somers Senior Center for assistance with gaining a better understanding of MSP and its benefits.

The Town of Somers Human Services Department would like to extend a very heartfelt THANK YOU to all residents, local businesses, civic, and faith based organizations for their contributions and participation in the Season of Giving. Whether you sent a donation to the Town Emergency Fund or Meals on Wheels, volunteered to ring the bell for the Salvation Army Kettle Campaign, contributed to the Stuff-a-Cruiser event, brought some food to one of the local food pantries, or you were a donor for the Holiday Adopt-a-Child Program...please know that you made a difference and helped to make the season brighter for residents in need in your community.



 The Operation Fuel Program is currently open. You can apply for Operation Fuel for *all energy sources*. Maximum gross annual income is \$42,350 for an individual and \$55,381 for a couple. Please call Christina Cenac at 860-265-7551 for more information on program guidelines, as you must meet various criteria depending on if you wish you apply for assistance with your primary heat or your secondary heat. **Applications are accepted by appointment only.**

If you have oil or propane heat, **the deadline to apply for the CT Energy Assistance Program is March 15th.** Please contact Christina Cenac at 860-265-7551 for more information. **Applications are accepted by appointment only.**



Property Tax Relief Program



- Are you a resident of Somers?
- Do you own your home or have life use of your home?
- Were you **or** your spouse 65 years old or older in 2017, or are you receiving permanent total disability benefits?
- Is your 2017 adjusted gross income plus any other income not included in your adjusted gross income \$35,200 or less for an individual or \$43,000 or less for a married couple?

If you answered yes to the questions above, you may qualify for property tax relief. Tax Credits on your real estate tax bill are funded by the State of Connecticut and the Town of Somers and never need to be repaid. Simply go to Town Hall with your 2017 Federal Income Tax Return, if you filed one, plus your 1099's from Social Security between February 1st and May 15th. *Karen Neal of the Assessor's Office will arrange to visit you in your home to assist you with applications in the event it is difficult for you to visit the Town Hall. Please do not hesitate to call Karen at 860.763.8202 to schedule a visit or to answer any questions you may have concerning this program.*