## **TAKE ACTION!**

## Parents have more influence over their child than friends, music, TV, the Internet and celebrities.

- Kids who learn a lot about the risks of drugs and alcohol from their parents are up to 50% less likely to use than those who do not.
- Prescription drug abuse is the Nation's fastest-growing drug problem and has been classified as an epidemic by the Centers for Disease Control and Prevention.
- Learn about which drugs kids most often abuse and recognize signs and symptoms of abuse.
- Be more aware of what medications are in your home and those in homes of family members and friends where your child spends time.
- Keep medications in a safe place lock up your medications.
- Dispose of old or unused medications properly, find a DEA approved drug take back day at bit.ly/usadrugtakeback or contact your local police department to see if they have a disposal site or visit bit.ly/localdrugcollectionbox to find local drop boxes.
- Share this information with others.
- Most important spend time with your child and get to know their friends – Teens who feel a close bond with a parent or other adult are less likely to want to disappoint them.

For more information visit www.ctprevention.org or call your local Regional Action Council.

## DROP OFF your unused PRESCRIPTION MEDICATION

at the

## Somers Police Department

Resident State Trooper's Office 451 Main Street Somers, CT 06071





For more information **Call (860) 749-4955**