

Echoes from Somers Seniors

Somers Senior Center
19 Battle Street
P.O. Box 308
Somers, CT 06071



Volume VI Issue IV
Sept. - Nov. 2011

SENIOR CENTER HOURS: MON.-THU. 8-4 FRI. 8-1

A Message from 1st Selectman Lisa Pellegrini

September/October Senior Newsletter:

Hello Everyone,

As I write this letter I am in the midst of dealing with the aftermath of Hurricane Irene. As you know, Hurricane Irene touched down on the southern coast of Connecticut on Sunday, August 28 and proceeded to travel north up through Somers. I was lucky enough to be one of the first homes that lost power at approximately 5am that morning.

The Town did an excellent job preparing for the hurricane. Emergency services personnel were extremely well prepared and the Department of Public Works checked every storm drain and catch basin as well as ensured that all Town Property was battened down for the storm. We were ready. The primary damage resulting from the storm was caused by downed trees and power lines. We were very lucky that rain fall was far less than what was expected. Thus, we did see some of the usual low level flooding but we did not experience the devastating flooding seen in the October Flood of 2005. On Monday 65% of Somers residents experienced power outages and phone failures. We were told by CL&P to expect restoration in 5 to 8 days. By Tuesday those without power had dropped to 22% and by Wednesday it was reduced to 13%. On Thursday those without power totaled 5%, however, the Town still had 5 road closures due to trees on power lines. On Monday, schools were closed, but were reopened on Tuesday with busses running on normal schedules. The new roof membrane on the elementary school held up just fine. We made sure that the installation was completed on the Friday before the storm. In addition, all Town Buildings fared the storm well, with the exception of a few vinyl siding panels from Piedmont Hall. The storm threw us a little twist however as Town Hall essentially shut down due to lack of power, phones, internet and email. As a result we were unable to update the Town Website on Sunday morning which we used to share communications regarding storm updates from the Department of Emergency Management and Homeland Security. Unfortunately, we were unable to receive calls at Town Hall from residents with questions. This lasted until power was restored after 9pm on Monday night.

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Upcoming Events Information - Mark your calendar!

**Join your friends & neighbors
for a FREE
Community Supper
The 15th of Each Month!
At Somers Congregational Church
5 - 6:30PM
RSVP: 860-763-4021
Donations are always accepted**



Fuel Assistance Information

If you are a senior in need of assistance, please contact Karen Norrie from the **Community Services Office** at (860) 763-4379. She will be happy to schedule an initial intake appointment with the ACCESS Agency beginning in mid September. Award deliveries are scheduled to begin Nov. 1st. For a complete list of the documentation needed for your appointment, please contact the Community Services Office, or pick up a checklist from the Energy Assistance board at the Senior Center.

NEW!! MOBILE FOODSHARE

Beginning: Wednesday, Sept. 28th. From: 11:45 - 12:15
This Mobile Food Share will be held at the Somers Cong. Church parking lot. Seniors are encouraged to take advantage of this new program. Every other week, perishable food items such as milk, bread, fruit and vegetables will be available.

The Dial-A-Ride Bus will be available for transportation.

This is a volunteer run program and in need of volunteers; please contact Foodshare Coordinator David Pinney @ 763-1988 to help!

Stay warm this winter!!!

**Come down to the Senior
Center and relax in our new
"Reading Room"
The Senior Center
is a toasty place to be on a
cold winter day!**

Utilize your LOCAL FOOD PANTRIES!!

All Saints Church

25 School St. Somersville
860-749-8625

Open: Fridays 8:30-10am
in Church Basement
Bags provided



Somers Congregational Church

599 Main St. Somers
860-763-4021

Open: Mondays 10am - noon
Entrance at end of building
Room is 1st on left, 1st floor
Bags provided

Health & Wellness Information

Pedi-Care Service at the Senior Center

Pedi-Care provides an ongoing program of foot care at the Somers Senior Center by Ronnie McAlmond, a specially trained, registered nurse.

The services offered at the Senior Center Clinics include:

General assessment of the feet and lower extremities

Trimming, filing and cleaning of nails

Reduction of thickened toenails

Smoothing of corns and calluses

Massaging, lotioning and powdering of feet

Referrals to a doctor or podiatrist if needed.

Fee is \$28 for a 1/2 hour appointment - To schedule an appointment, please call Florence at the Senior Center at 763-4379 between 8am & 4pm Monday - Thursday. Friday 8-1.

Upcoming Pedi-Care Service Dates:

Sept. 8 & 15, Oct. 6 & 13, Nov. 3 & 10

Meals on Wheels

Daily hot and or cold meals delivered to your home; what could be more convenient!

Our meal program is affordably priced and ensures that clients receive nutritious meals and a friendly visitor each day.

If you are interested in receiving meals 1 - 6 days per week, please contact Linda Coleman @ 763-4379 for further info.

We would be happy to add you to our delivery schedule.

Without our Meals on Wheels Volunteers, this program would not be possible.. Thank you!!!

Town of Somers Community Wellcare Programs

Blood Pressure & Blood Sugar Screenings

Upcoming dates at Somers Senior Center & Woodcrest

At the Senior Center:

Tuesday, Sept. 6, 8-9am BP/BS

Wednesday, Sept 14 & 28 11:30-12:30 BP

Tuesday, Oct. 4, 8-9am BP/BS

Wednesday, Oct. 12 & 26 11:30-12:30 BP

Tuesday, Nov. 1, 8-9am BP/BS

Wednesday, Nov. 9 & 23 & 11:30-12:30

At # 63 & 71 Woodcrest:

9-9:45 at #63 9:45-10:30 at #71

Monday, Sept. 19, BP/BS

Monday, Oct. 17, BP/BS

Monday, Nov. 21, BP/BS

Monday, Dec. 19, BP/BS

Blood Pressure & Blood Sugar Screenings

Sponsored by:



**Somers Community Health
& Wellness Association, Inc.**

For information or suggestions

call 860-749-5411



Town of Somers Information

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Echoes From Somers Seniors

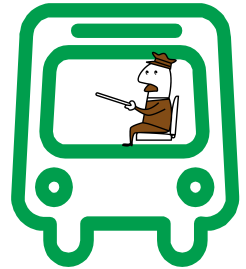
WE NEED YOUR RECIPES... FOR THE SENIOR CENTER COOKBOOK!!!

Appetizers, Main Dishes, Desserts, Drinks... Whatever is your specialty or favorite ... This one of a kind gourmet extravaganza will be published by our Senior Center staff and available in time for holiday gift-giving.. If you'd like to contribute, please submit your recipe/s, handwritten or typed to Karen or Flo at the Center today!

Dial-A-Ride Bus Service

Our Senior bus service operates Monday - Friday from 8am - 4pm, taking seniors and disabled passengers to their appointments, shopping and other activities in Somers, Enfield and Stafford.

The fee is a mere \$1 per ride. Our friendly and courteous drivers, Joe Carenzo and Arnie Panciera, will be happy to take you to your destination. To schedule a ride on the Senior bus, please contact the Senior Center at 763-4379 at least **2 days in advance** if possible. *Please note, that due to our high volume of riders on Thursdays, that day is reserved for Doctor appointments only. Shopping on most other weekdays is fine.* If you are a first time rider, please request a copy of the Senior Bus Operating Procedures. **Get out of the house and GET ACTIVE!!!**



Somers Senior Advisory Committee Update:

Greetings from the Somers Senior Advisory Committee,
Hello again! Here we are closing out another summer and fast gaining on the fall of the year. Mums are fast appearing and the vegetable garden is peaking. It's been a good summer with seniors in and out at the center. There were cookouts which were well attended and the new grill and outdoor furniture were christened. We are all appreciative of the group of inmates, the boy and girl scout troops who worked hard to keep our center looking neat and colorful over the summer with plantings and yard work. As the fall approaches the boy scouts will be doing last minute weeding and replacing mulch in areas needed. The landscaping by the sign on the roadside will be taking on a new look as a young lady, who has been a long-time girl scout and now in college, will be supervising a girl scout troop to complete an "eagle" project. This is exciting as it will give a "refreshing" look to the sign. The interior of the building is also taking on a relaxed appearance. There is new colorful lounge furniture for those wishing to just sit n' chat and a quiet reading room set up for those who want to catch up on their latest bestseller. Lots of varied programs continue to be offered with new adventures and opportunities surfacing as the seasons change. The advisory committee is excited and pleased with all the happenings and future endeavors that are on the horizon for all our Somers seniors. As we move forward our senior population will increase and we must be prepared to do our best to serve all our senior community members and meet their needs. We hope you were able to pick up the Senior Information Guide. It is filled with important information for all seniors and a great resource tool. And of course, with cooler weather approaching, it will be time to be thinking of flu season (ugh!!). The flu clinic will be coming, so watch for the dates and times. Well, I hope the summer has been good to you. The next time we catch up you'll be thinking of the holiday season. You'll have had your turkey and will be looking to Christmas events and the joy which they represent. The advisory committee wishes you all a relaxed, fun fall season filled with colored leaves, pumpkin pie, crisp mornings and all the memories of falls past.
Till then stay safe and well,

Pat Bachetti, Senior Advisory Committee

Greetings everyone,

Well, this newsletter finds us on the brink of fall with cooler days and crisp evenings.. There has been so much going on here at the Senior Center since the last newsletter, it's been difficult to catch up. We are very thankful we all survived Hurricane Irene with not too much discomfort.. And we appreciate all those who helped out their neighbors with food, water and showers during the power outages. The Town of Somers is continuing to improve upon it's Emergency Plan; if you are a senior who is on oxygen or homebound, please make us aware of that. We are compiling a list of all such citizens, so that we will be able to contact you during any emergency situation. In addition, if you have not yet been added to the reverse 911 calling list, please contact the Fire Department.

And, if you didn't know already, elections are on Tuesday, November 8th. This year, there will only be one polling place in Somers; the Town Hall. If you are a senior or disabled and would like to vote but you are in need of transportation, please call Flo at the Center. We'll have 2 Dial-A-Ride buses running all day to take you to and from the Town Hall. Don't let lack of transportation prevent you from voting! We have many new activities planned for this fall and winter.. To start out, we have our popular craft classes beginning on Sept. 23, Watercolor classes, Oral Health care with Dr Nero and a Senior Center Halloween Party with games, refreshments and a Magic Show! We hope to see all of you regulars and some new faces at these events! One last thing I'd like to let you know about is something that is the "brain-child" of Kathy Devlin, your 2nd Selectman. It's a town-wide initiative to become more "Heart-Healthy". We have had one event with the Girl Scouts, we are beginning our weekly "Heart-Healthy" breakfasts in October, and there will be many more activities to come, such as health screenings, walking groups, seminars and other programs. We want to our seniors and our town to be active and healthy and this is just the start. Wishing you a happy fall season and we will see you again in the December Newsletter! If you haven't done so already, please stop by the Center soon; my door is always open and I look forward to meeting you.

Jenifer B. Charette, Senior Center Director and Municipal Agent to the Elderly

MEALS on WHEELS Update

Somers is fortunate to have a Meals On Wheels program that has provided nutritious meals for our homebound residents for 30 years.

In 1981, Alvina Burgess, seeing the need for a MOWs program in Somers, researched several options including the subsidized CRT (Community Renewal Team) meals that many of our neighboring towns use. She and others decided that it would be better to have a program independent of government subsidies and asked the Plaza Restaurant if they would supply the meals at low cost. The Plaza has been supplying the meals ever since except for a short time this spring when the restaurant was closed for renovation. We are grateful to Geissler's for filling in during this time and doing a great job. And we're very gratefully to the Plaza and their several owners for their help all these years.

Before the Plaza reopened, a four week rotating meal plan was prepared and this was approved by a registered nutritionist to be sure that the meals meet the nutritional needs and special diet needs of the recipients. Meals are available six days a week and are delivered by volunteers who also take time to check on and chat with the folks receiving the meals.

A hot meal is available for \$4.00 and a cold meal for \$3.00. If anyone is unable to afford this, there is a fund to help out. Susan King has done a great job as MOWs coordinator for the past few years and we thank her for her outstanding work.

If you need MOWs either for a short time or long term, please call Jenifer Charette, our Municipal Agent for the Elderly, at 860-749-7160. If you would like to be a MOWs volunteer to deliver meals 2 or 3 times a month, you can also contact Jenifer. It is very rewarding and training is provided.

Ailene Henry, Somers Elderly Advisory Committee

Senior Center Happenings



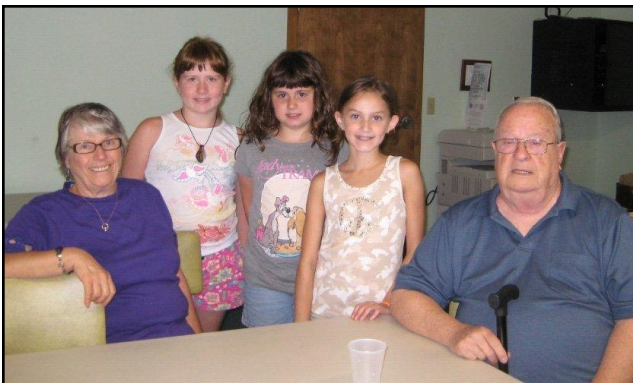
Local Brownies and Samantha at Brownie/Senior Day Seniors and the Board of Selectmen “Meet the Brownies”

You may have noticed the beautiful landscaping that has magically appeared around the Senior Center Sign and the Flagpole recently... It was the work of local Girl Scout Samantha Zawstaski and her “crew”. Samantha approached the town recently with a project in mind.. She was working to obtain her ..Gold Badge which is the equivalent of the Boy Scout’s Eagle Scout. To do this, Samantha needed to first decide upon a project that would benefit and enhance our Senior Center... she needed to plan, design and organize.. This undertaking took many hours and lots of labor, but in the end we were given a beautiful addition to our grounds which will last for many years.

On the day of it’s “dedication” Samantha was joined by members of the local Brownie troops, as they assisted her in planting the mums that were donated by the Beautification Committee and Grower’s Direct. This was followed by the second part of her project, which was a gathering of the Brownies and Seniors. The seniors told tales of Somers past, and answered many questions from the inquisitive Brownies.. Afterwards, everyone enjoyed some “Heart-Healthy” refreshments... to kick off our town-wide Heart-Healthy initiative. It was a wonderful gathering and well attended by the seniors, Brownies, Board of Selectmen and Senior Center staff.

In addition to thanking Samantha, her many helpers, the Brownies, the seniors, BOS and the Senior Center staff who attended the event, we also thank the Somers Beautification Committee for their guidance and Grower’s Direct and Pell’s Farms for their donations of plants and shrubs.

If you missed out on this collaboration of young and seasoned Somers citizens, not to worry... we will be planning many more events such as this in the months to come, as we strive to make our town a little more “Heart-Healthy” and also bring our town a little closer together.



Maryann & Albert Kingsbury were a wealth of information for the inquisitive Brownies!

**A wonderful gathering of all ages at this first of many town-wide “Heart-Healthy” events to come.
“Senior/Youth Day”**



SOMERS HEALTH FAIR AND FLU CLINIC

Saturday, October 1st 10am - 1pm

Somers Health and Wellness Association (SHAWA) will be sponsoring a Health Fair along with their annual Seasonal Flu Clinic on Saturday, October 1 from 10 AM to 1 PM at the Somers High School. There will be a variety of vendors all associated with health and wellness issues along with door prizes and demonstrations. A variety of health screenings will be available including blood pressure, blood sugar, cholesterol (by appointment), balance assessment, memory assessment.

Please note that an appointment is necessary for the cholesterol screening and can be made by calling 860-749-5411.

The Health Fair is open to the public and all ages are encouraged to attend and enjoy the offerings. The Town Bus will be available on request. Please call the Senior Center to make arrangements.

The Seasonal Flu Clinic will be held in conjunction with the fair. The following restrictions apply: You must be 18 years or older

Not currently receiving radiation, chemotherapy or immunosuppressive therapy
If you have been treated for Hodgkin's disease, you must present a physician's note. The following insurances are accepted: Medicare Part B, ConnectiCare, HealthNet, Aetna and Anthem Blue Cross/Blue Shield (Anthem's J Plan is excluded). You will be responsible for any co-pay. For those not covered by insurance there will be a \$35 fee.

On Tuesday, October 11 there will be a "Special" Flu Clinic held at the Senior Center from 1 – 3PM. This clinic is for persons 65 and older or those who are mentally or physically challenged. Reservations are necessary and can be made by calling the Senior Center at 860-763-4379. For further information please consult your local newspaper or call Judith Snyder at 860-749-5411.

Senior Center Closing Dates for Sept. - Nov.

The Senior Center will be Closed on the following dates:

Monday, September 5th. Labor Day

Monday, October 10th. Columbus Day

Friday, November 11th. Veteran's Day

Thursday & Friday, November 24th & 25th. Thanksgiving Holiday

VERY GENTLE YOGA for Seniors

Tuesdays: 9:45 - 10:45am @ the Kibbe Fuller Community Center Gym

\$20 per 5 week session ~ Sessions are on-going

Join Certified Krupala Instructor Pat Baker for an hour of fully instructed, relaxing yoga. This class is designed for individuals who have little or no yoga experience. You will learn breathing techniques while practicing basic yoga postures. **This program is specially geared to seniors!**

Come create flexibility, reduce stress, invigorate yourself and calm your mind. ..

Please wear comfortable clothing and bring a yoga mat and a blanket if you have one.

For additional info and to register, please contact Pat at 668-4851.

DID YOU KNOW?

That the local papers: The Journal Inquirer, Reminder, North Central News and the Hartford Courant are now available for you to read at the Senior Center every day... Catch up on the latest news and sports while relaxing in our reading room... Hope to see you soon!

Message From 1st Selectman Lisa Pellegrini: Continued from Page 1

The Department of Public Works did have power but lost all but one phone line. The Police Station lost power but went automatically to generator power. That was fine until the generator died. Thankfully, not long after the power was restored and the Police moved back into the building. The Sewage Treatment Facility lost power but went to generator power automatically. The Senior Center also lost all power and phones as well as internet.

Such a loss in communications posted a slight wrinkle in the emergency plan but we responded as best we could by establishing communication links through signs, the media, Reverse 911 calls, flyers distributed to the kids on Tuesday and good old fashioned word of mouth. The Town put in programs offering potable water at the Fire House, shower facilities and toilets were available at the Middle School and we extended hours at the Transfer Station by opening it everyday through September 4th. In addition, we waived the fee for brush and leaf removal during this time. In the end we survived this well because we had a plan that worked. In the coming weeks we will be addressing improvements to the plan as we always strive for continuous improvement.

During this event the response from the Fire Department, the State Police and Constables, the Department of Public Works and the many volunteers, including the CERT Team and the Civil Prep Team, was superb and outstanding. I cannot thank them enough for everything that they did. I also commend Town Staff and my Selectmen Kathy Devlin and Bud Knorr for their excellent work and professionalism during this challenging time. Somers is very lucky and blessed to have such a wonderful team of individuals so highly committed. I am honored to work with such a great group.

As the days go on there will be much clean up, but we will get it done and we will be really for the next unexpected event that comes our way. In the meantime, I hope that you enjoy the beautiful Autumn Weather and that you continue to visit the Senior Center. It is there for ALL Seniors to enjoy.

So ENJOY!!

Take care,

Lisa Pellegrini, First Selectman

AARP Driver Safety Program

The next scheduled AARP Driver Safety Program class at the Somers Senior Center is:

Saturday, November 5, from 8:30am - 12:30pm

NEW FORMAT - 1 DAY - 4 HOURS

Complete Course!

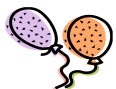
The current cost is \$12 for AARP members and \$14 for non-members.

All those age 60 and older, who complete the class are eligible for the state mandated insurance discount. **There are NO tests!**

There are still spaces left in this class!

For reservations and information, please call Bev Morin at 749-3605.

***For the month of Nov. Veterans and/or spouses are FREE. Please bring proof of service or Veteran's Organization membership card.**



Happy Birthday wishes go out to our Senior Citizens' Club Members who are celebrating Sept. - Nov. Birthdays !



SEPTEMBER BIRTHDAYS: Charles Austin, Elaine Bemont, Catherine Butkus, Tina Chamberlin, Gloria Coles, Keith Fieldhouse, Harry Gordon, Barbara LaBreque, Eileen McGuiness, Eileen Mitcalt, Thomas O'Brien, Karlene Patenaude, Merle Pyne, Gil Rivard, Jean Schiessl, Marie Skac, Margaret Sonski, Sue Sonski, Regina Swanson, Sidney Wilson, Bonnie Zink.

OCTOBER BIRTHDAYS: Frank Bania, Virginia Bergstrom, Bobbi Collyer, Theodore Cowan, Adele Gordon, William Gudauskas, Thelma Hansen, Bertha Hubbell, Jim Kocot, Nancy Meger, Martha Metcalf, Pauline Spingola, Marie Worthington.

NOVEMBER BIRTHDAYS: Pat Bachetti, Irene Cross, Barbara Erickson, Howard Griswold, Geraldine Jackavonis, Joan Kocot, Ken Levy, William Meyer, Judy Okraska, Bernice Pell, Tony Pellegrino, Dolores Pelletier, Gordon Schiaf, Shanta Shahani, George Stephens, Mary Stetson, Marie St.Pierre, Mary Trask, Charles Weber, Arlene Yarnes.

- Companionship
- Incidental Transportation
- Live-Ins
- Errands, Shopping
- Meal Preparation
- Medication Reminders
- Laundry, Light Housekeeping
- Grooming, Dressing Guidance
- Personal Care Services:
 - Bathing, Hygiene
 - Incontinence Care



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We help individuals maintain full and independent lives in the comfort of their own home.

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HC 00154

Heart Healthy Breakfast Hour!

Beginning on October 6th, the Senior Center will be offering a Heart Healthy coffee hour **every Thursday from 9 - 10 am**. Drop in at the Center and join us for coffee, tea, fresh fruit, yogurt, granola, hard boiled eggs and more! We want our seniors to start their day off "HEART Healthy". Brought to you by the Town of Somers Human Services Dept. & staff. Call the center for more info and start living your life Heart Healthy!

BINGO!!!!

The Bingo Group is in need of More Players!!!! Join our fun-loving group of Bingo enthusiasts every Monday & Thursday: 12noon – 3:30pm. Empty your pockets and purses of that loose change and be ready for fun!

Pinochle – Dominoes – Bridge

Pinochle: Tuesdays 12:30-3pm - **New Players Wanted!**

Dominoes: Tuesdays 1:00 - 4pm

Bridge: Thursdays 7-9:30pm

There's always room for new players! Come on down to the Center today for Bingo, Dominoes, Pinochle or Bridge! For more information just drop in or call 763-4379.

Tuesday Morning Coffee & Donuts!

Come down to the Senior Center every Tuesday morning from 8-9am for FREE coffee, donuts and good conversation. What a great way to start your day, meet friends old and new and catch up on the latest news around town. The donuts are courtesy of The Whole Donut in Hazardville, and the coffee is brought to you by Somers Senior Citizens' Club. As always, free to all seniors.

Artist Workshops

Join other experienced and beginner "artists" at the Senior Center every Friday from 9am - 12. No experience or registration necessary! Our artist's have created a beautiful painting for our newly spruced up kitchen..Please stop by and admire their work soon!

Somers Bridge Club News

The Somers Senior Bridge Club is looking for some new players. We have 2-3 tables going every Thursday night at 7pm. All levels of ability are welcome, but should at least know the fundamentals of the game.

We are a friendly group - no "cut throat" players here! Call the Center for info on lessons @ 763-4379.

CHAIR AEROBICS:

Mondays & Thursdays @ 10am

Gentle but effective exercise program for seniors. Join our group 2 times/week. And it's FREE! For further info, please call 763-4379. No pre-registration is needed.



Watercolor Workshop

Fridays, Beginning September 23rd - 9am - 12noon



These weekly Watercolor workshops are instructed by members of the Tobacco Valley Artist's Association. There is a weekly \$4.00 fee and all materials are supplied. If you would like to learn the art of watercolor for the first time, or would just like to "brush up" on your talents, please give our workshop a try. You do not need to attend every week, but you will want to!

To register, please contact the Center at 763-4379. For class info call Bev at 749-6561

Senior Luncheon Menu for September - November

9/14: Turkey Dinner
9/21: Stuffed Chicken
9/28: Baked Ham
10/5: Roast Pork
10/12: Ziti with Meatballs
10/19: Baked Scrod
10/26: Chicken Francais
11/2: Pork Chops
11/9: Meatloaf
11/16: Stuffed Shells & Sausage
11/23: Turkey Dinner
11/30: Roast Chicken Breast

Our lunches are now catered by Stephanie at Sun Valley. Please stop in and try her delicious and nutritious meals soon! Please call 763-4379 to reserve your lunch by each Monday afternoon. Cost is \$5/pp. Take out is always available. Chicken is usually available for those who request ahead. Lunch menus are subject to change prior to each week.

Upcoming Lunch & Learn Seminars and other SPECIAL Events to mark on your calendars!!!

Wed. September 21: Lunch & Learn: "Caregiver Support Groups" with: Lee Almand: 12:30pm

Wed. October 19: Oral Health, with Dr. Michael Nero DMD: 1pm

Friday, October 28: Senior Center Halloween Party - Magic Show!!!

Wed. November 16: Lunch & Learn with Comfort Keepers: 12:30pm

Friday, December 16: Senior Center Holiday Party - Live Music!!!

A BIG THANK YOU!!!

The Senior Center would like to thank Mr. Donald Tisdale and his family for their donation of a beautiful organ in memory of his wife Bette Tisdale who passed away last year. It was her wish was to have the organ given to the Senior Center so that many more would enjoy it as she had. We are sure it will bring many hours of enjoyment to us all.

Tuesday Night BINGO!!!!

Looking for something fun to do on a Tuesday night? Why not join our travelling Bingo group? Every Tuesday night the Somers Dial-A-Ride bus offers transportation to the Enfield Senior Center for Bingo. The cost to play is minimal and the prizes are BIG! We pick you up and bring you home...what could be more convenient and FUN! Call the Senior Center today for more information and to reserve your seat on the "Bingo Bus"... See you soon!

SENIOR CENTER CRAFTERS

The Senior Center Craft Classes will resume in September, with all new fun and creative crafts for you to make for your home and as gifts. **Our 1st Craft Class is on Wednesday, September 21.**

Our September craft will be a "Fall" craft; in October, a Thanksgiving craft and in November we will make a Holiday craft. If you have a favorite craft that you'd like to share, we want your ideas! Call Karen or Flo with suggestions or ideas for new craft classes!

Please call Flo or Karen at 860-763-4379 to register for our craft classes today!

All classes are free of charge and brought to you by the Somers Senior Center staff.

Somers Senior Center
19 Battle Street
P.O. Box 308
Somers, CT 06071

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Senior Information Directory: Sept. - Nov. 2011

Human Services Director & Municipal Agent to the Elderly

Jenifer B. Charette
Office Phone: 860-749-7160
Fax: 860-763-8228

Jenifer Charette's Office Hours at the Senior Center:

8am - 4pm: M - TH. 8 - 1: Friday
email: jcharette@somersct.gov

Florence Hurley: Senior Center
Assistant: 860-763-4379

THE SENIOR CENTER IS OPEN:
8am - 4pm M - TH & 8-1 F

The Senior Center is CLOSED on
Holidays & when schools are
CLOSED due to inclement weather.
Closing info on channel 3 & 30.

Community Services Office:

Now conveniently located at the
Senior Center: Contact Jenifer
Charette or Karen Norrie
By appointment only.

Important Numbers

1st Selectman: 860-763-8201

Town Clerk : 860-763-8207

Tax Office: 860-763-8210

Assessor's Office: 763-8202

Police Dept.: 860-749-4955

Fire Dept.: 860-749-7626

Somers Library: 763-3501

Public Works: 763-8238

Woodcrest Housing: 749-4658

Senior Advisory Committee

This town committee meets at the
Senior Center every 2nd Tuesday
of each month at 11:30am.

The public is welcome to attend.
Please contact us with your
questions, comments and ideas!

Committee Members:

Chairman: Jenifer Charette
Secretary: Elaine Bemont
Senior Support : Pat Bachetti
Fran Boudreau: Woodcrest Rep.
Jordan Chatis
Ailene Henry: SCHWA
Karen Norrie: Community Services
Marilyn Smith: SCHWA